

Football 101 and Football 201

- 🤔 Are you tired of feeling lost at all the football games?
- 🙄 Do your eyes glaze over whenever your son starts talking about plays and positions?
- 🤔 Do you ever get tired of asking the people around you what is going on all the time?
- 🤔 Do you find yourself visiting with your friends in the stands because you don't know what's going on anyway and then you miss your son's big play?

If you answered "YES" to any one of the above questions
then you will not want to miss the

2nd Annual Football 101 Class

hosted by Coach Cody Vanderford & the FMHS Football Booster Club.

Football 101

is a class designed for people who know little to nothing about the game of football. In this class you will learn all the basics of football. Coach Vanderford will start as basic as you need him to go! You will learn about the field of play including the difference between offense and defense, the number of downs and how many yards you need to advance to get another set of downs, the hand signals of the referees and what they indicate, penalties, turnovers, the why's of it all and much, much more!

This is a very interactive class and there are NO dumb questions!

Football 201

is going to take you to the next level of understanding the game. In this class you will go into much more detail on player positions and formations, play calling and game strategy. Again, this is an interactive class where you are encouraged to ask any question that comes to mind - there are no dumb questions!

Both of these classes will be held

Saturday, May 17th

in the Team Room of the FMHS Field House

101 is from 9 until 12
lunch is 12 to 1
201 is from 1 until 4

Cost is \$10 per person
This covers your handouts and lunch.

**Please RSVP by May 15th
by replying back to this email!**

You are welcome to attend just one session or both.
If you do just one session we do encourage you to attend the lunch break so that you can meet and get to know some of the other parents in the football program.

This email is being sent to every family in the football program, including incoming Freshmen, but if you know of someone that you think would enjoy this class please feel free to pass this email along.

If you have any questions please don't hesitate to ask!